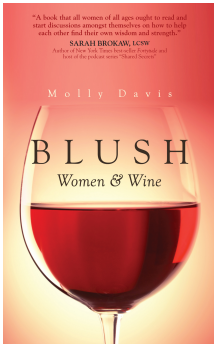


MOLLY DAVIS



Whether meeting up for happy hour after a long day of work, catching up with a friend, unwinding after another

day of parenting, sipping a glass while stealing time for a long, quiet soak in the tub, or commiserating over lost love, lost parents, lost jobs, lost years or lost waistlines, our wine feels like a sacred ritual that a lot of us can relate to. "We should get together for wine sometime soon." is so familiar that it is just part of our common vocabulary.

What could be better than shared wine with good friends? Sometimes nothing!

But that isn't what [BLUSH: Women & Wine](#) (February 2017) is about. This is a book about women and wine. It is not a book about alcoholism, or never drinking wine again. It is about awareness, not intervention, and is a thoughtful, reflective and whole-hearted invitation to explore our own relationships with wine. **Talking about wine is trendy. Talking about drinking too much of it is not.**

In this honest, transparent and insightful book, **Molly Davis** suggests that wine, for her and perhaps for many women, has become a daily habit and coping mechanism, quietly wrapped in a lovely ritual. She wonders, when do we choose to drink wine to dull pain, avoid discomfort, cope with stress, and check out of reality? With vulnerability, courage, wisdom and wit, she generously shares her own answers to those questions, and invites us to join her in discovering our own.

There are two reasons to drink wine. One is to celebrate. The other is to check out.

BLUSH: Women & Wine invites readers to choose celebration. Now that is a choice worth toasting!



About Molly Davis

Molly is a speaker, writer, facilitator and coach with 20 years of national and international experience.

"Few things energize me more than connecting with clients and creating the space for them to courageously step more fully into their own lives.

My years in corporate classrooms, workshops and retreats have given me ample opportunity to see the sadness and exhaustion in the eyes of those who are living out of step with themselves. It is powerful and inspiring to witness others who are living in alignment with what they care about, having connected who they are with what they do.

It took me time and hard work to discover that for myself. Now I have the privilege of helping others do the same."

Story Ideas

Women & Wine Why do we love it so (too) much?

Wine A mindless habit?

Drowning in Expectations How to swim, not sink in our often harried and hurried lives.

Hide or Seek? How to quit hiding from what's hard and begin seeking what's real.

Thirst-Quenching What are we really thirsty for when we drink too much wine?

Engagements Include:

Rancho La Puerta Health Spa

National Charity League

YWCA Walla Walla, WA

Holden Village

Dress For Success

Golden Door Health Spa

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